ORIGINAL PAPER

Conservation of aquatic resources through the use of freshwater protected areas: opportunities and challenges

Cory D. Suski · Steven J. Cooke

Received: 15 March 2005 / Accepted: 24 April 2006 © Springer Science+Business Media B.V. 2006

Abstract Freshwater environments are currently experiencing an alarming decline in biodiversity. As a result, scientists and managers must look for alternative management techniques to protect these aquatic systems. One such option that has potential to protect freshwater environments from numerous threats is the use of freshwater protected areas (FPAs). FPAs are portions of the freshwater environment partitioned to minimize disturbances and allow natural processes to govern populations and ecosystems. While similar conservation practices are well established in the terrestrial and marine environments, the use of FPAs for conservation of freshwater environments has been relatively slow. Despite this, numerous examples exist in which FPAs have been incorporated into successful management approaches for freshwater environments. In this paper, we outline some of the past success stories where FPAs have been used to protect freshwater environments, discuss some of the reasons that this technique has not proliferated to the same degree as marine protected areas, and present some of the challenges that managers and scientists must overcome if they wish to implement FPAs. We recommend that the term Freshwater Protected Area be adopted to such conservation efforts, thereby standardizing terminology and facilitating literature searches and dissemination of research findings. Furthermore, we encourage freshwater scientists, conservationists and managers to develop and implement FPAs in innovative and creative situations thereby permitting the growth of the research base for this valuable conservation technique.

C. D. Suski (🖂)

S. J. Cooke

Present Address:

C. D. Suski

Department of Biology, Queen's University, Kingston, ON, Canada K7L 3N6 e-mail: cory.suski@mnr.gov.on.ca

Centre for Applied Conservation Research, Department of Forest Sciences, University of British Columbia, 2424 Main Mall, Vancouver, BC, Canada V6T 1Z4

Harkness Laboratory of Fisheries Research, Aquatic Research and Development Section, Ontario Ministry of Natural Resources, Third Floor North, 300 Water Street, Peterborough, ON K9J 8M5, Canada

Keywords Aquatic organisms · Conservation · Diversity · Freshwater · Refuge · Sanctuary

Abbreviations

- FPA Freshwater Protected Areas
- MPA Marine Protected Areas

Introduction

Throughout the world, freshwater ecosystems are experiencing serious threats to both biodiversity and ecosystem stability. This situation has been recognized by numerous authors for quite some time (Williams et al. 1989; Warren and Burr 1994; Cowx 2002), and many strategies have been proposed to solve this crisis (see examples in Moyle and Yoshiyama 1994; Sedell et al. 1994; Li et al. 1995; Cowx 2002; Crivelli 2002; Filipe et al. 2004). One conservation option that has the potential to provide protection to imperilled freshwater habitats concerns the use of freshwater protected areas (FPAs). FPAs are analogous to marine protected areas (MPAs; aside from the obvious difference in system focus and scale) and are regions of the environment set aside from human disturbance thereby theoretically enabling populations and ecosystems to return to original, undisturbed states (Crivelli 2002). While this approach to freshwater, conservation is by no means novel, we propose that it is an underused and often overlooked option for freshwater conservationists that deserves wider consideration, application, and research. Building on this brief background, there are three main goals for this paper. First, we hope to highlight the need for additional conservation measures in freshwater environments. Second, we wish to show that FPAs have been part of successful management and conservation programs designed to protect freshwater environments in the past, and that there is ample biological evidence to suggest they can and should be applied to conservation issues in the future. Finally, we wish to identify current challenges to use of FPAs with hopes of advancing the science and application of this conservation strategy.

Background

The threats currently challenging the integrity and stability of freshwater ecosystems have been the subject of numerous reviews and books in the recent past (Williams et al. 1989; Warren and Burr 1994; Bruton 1995; Brönmark and Hansson 2002; Cowx 2002; Saunders et al. 2002). While our goal is not to review this extensive body of literature, we feel that a brief synopsis highlighting the breadth of the challenges facing freshwater environments is warranted. Threats to freshwater ecosystems include (but are not limited to) habitat alteration and degradation (eutrophication, acidification, sedimentation, increased turbidity, removal of riparian vegetation, channelization), contamination by toxic substances such heavy metals, introduction of non-native species, hydrological manipulations (dams, groundwater removal,

water removal for irrigation), overharvest of commercially/recreationally valuable species and global pressures (increased ultra-violet light, global warming etc.) (e.g., Bruton 1995; Richter et al. 1997; Ricciardi and Rasmussen 1999; Baras and Lucas 2001; Brönmark and Hansson 2002; Collares-Pereira et al. 2002; Cowx 2002; Collares-Pereira. and Cowx 2004) and have been listed in Table 1. These threats are further compounded due to the relatively small size of some freshwater environments, the fact that many organisms may be restricted in distribution (i.e., the presence of a dam, surrounding ecosystems may extend beyond the tolerance limits of that species, etc.) and some freshwater organisms may be subjected to point-source disturbances but unable to escape the changes that are occurring–essentially acting as island populations.

As a result of these factors, the loss of biodiversity in freshwater is believed to exceed that observed in both terrestrial and marine environments (Ricciardi and Rasmussen 1999). Freshwater fishes, for example, may be the most threatened group of vertebrates on Earth after amphibians (Bruton 1995), and the global extinction rate of fishes is believed to be in excess of higher vertebrates (Bruton 1995; Sisk et al. 1994). This decline in freshwater fisheries may now be visible in some recreational fisheries in Canada (Post et al. 2002). In addition, with the growth of the world's population expected to continue, both the global consumption of freshwater and the human impacts on freshwater aquatic ecosystems will undoubtedly exceed current levels (Gleik 1998; Malmqvist and Rundle 2002). Studies have shown that small changes to species compositions in aquatic communities can result in changes to primary productivity (Carpenter et al. 1985), macrophyte communities (Power 1990) and species diversity (Paine 1966). Furthermore, changes to the relative abundance of individuals or species within an aquatic community can negatively impact species richness, ecosystem biomass, the age of first maturity for fishes, or food web dynamics (Shuter and Koonce 1977; Micheli et al. 1999; Rochet and Trenkel 2003) underscoring the need to maintain the structure of aquatic communities. Clearly, current approaches to conservation and the protection of biodiversty in the freshwater environment are substantially lacking in effectiveness, and additional, innovative approaches to management techniques may be required. Establishing protected areas with a reduced level of human intervention may be one such approach.

Protected areas

Conservation of large tracts of land has long been the cornerstone of terrestrial conservation efforts (Soulé and Terborgh 1999). For decades, scientists, managers and policy makers have utilized size, diversity and connectivity in the design of reserves to guard against a loss of biodiversity in terrestrial ecosystems. Recently, the use of large, undisturbed portions of habitat for conservation has become prominent in the marine environment (Kelleher and Kenchington 1992; Polunin 2001). Marine ecosystems are currently degrading due to a number of problems including habitat destruction, over-harvest of resources, pollution, introduction of non-native species and climate change (Carr et al. 2003; Hixon et al. 2001; Jameson et al. 2002), and scientists are increasingly utilizing marine protected areas (MPAs) to prevent further decline. Marine protected areas can be defined as "Any area of intertidal or subtidal terrain, together with its overlying water and associated flora, fauna, historical and cultural features, which has been reserved by law or other

Table 1Anthropogenicintegrity	and environn	nental threats	s currently facing marine and freshwater env	ironments t	hat can act to	reduce biodiversity and reduce ecosystem
Threat	Freshwat	ter environme	ent	Marine er	wironment	
	Severity of threat	Protection from FPA	Comments	Severity of threat	Protection from MPA	Comments
Species introductions	Н	L	Introduced species may outcompete endemics	Н	L	Intoduced species can outcompete endemics
Dams/weirs/barriers	Н	М	Prevents movements and isolate populations	N/A	N/A	N/A
Global warming	Н	L	Can change water temperatures to exceed thermal maximum of species	Н	L	Can change water temperatures to exceed thermal maximum of species
Shoreline development	Н	Н	Can modify spawning/rearing areas and change water temperatures	L	Н	Can modify spawning/rearing areas and change water temperatures
Commercial harvest	Η	Н	Excessive harvest can negatively influence consultations	Н	M	Excessive harvest can negatively
Recreational fishing	Μ	Н	See Post et al. (2002) for evidence of	L	М	Some evidence of negative influences on
			population declines due to recreational angling			marine populations
Artisanal fishing	Μ	Н	Excessive harvest can negatively influence populations	L	М	Consequences likely localized in marine environments
Flow regulation	Н	Г	Differences in water levels can negatively influence spawing/rearing areas,	N/A	N/A	N/A
Tourism	L	Н	May help promote the popularity of closed areas	L	Н	May help promote the popularity of closed areas
Eutrophication	Н	L	Changing nutrient levels can disrupt food webs	L	L	May be a problem in near-shore areas
Acidification	Н	L	Acid rain has damaged many freshwater ecosystems	L	L	Not a problem for many marine environments
Ultraviolet (UV) radiatic	M u	L	Increased UV radiation can negatively influence many littoral processes/ organisms	М	L	Increased UV radiation can negatively influence many littoral processes/ organisms

Threat	Freshwa	ater environn	hent	Marine env	ironment	
	Severity of three	/ Protection it from FPA	Comments	Severity of threat	Protection from MPA	Comments
Boating sedimentation	Г	Н	Can be a problem in shallow environments	Г	Н	Not likely a problem for many offshore marine environments but may be problematic in shallow zones
Atmospheric pollutant deposition	Μ	L	Many potential pollutants can enter freshwater environment through atmosphere	М	L	Many potential pollutants can enter marine environment through atmosohere
Mineral abstraction	Μ	L	Runoff and tailings can negatively influence freshwater environments	L	L	Not likely a problem for many marine environments
Along with each threat is <i>z</i> amount of protection offe M = Moderate level of pr (2002); Cowx (2002); Jame	n relative 1 red by eit otection,] son et al.	anking of the her Freshwat H = High le ³ (2002) and S	severity of each threat (L = low threat, M er Protected Areas (FPAs) or Marine Provel of protection, N/A = not applicable). T aunders et al. (2002)	= moderate otected Area Threats were	threat, H = h is (MPAs) to compiled fre	igh threat, $N/A = not$ applicable) and the the threat (L = Low level of protection, on Bruton (1995); Brönark and Hansson

Table 1 continued

effective means to protect part or all of the enclosed environment" (Kelleher and Kenchington 1992), and likely originated in the 1950's as a result of increased fishing effort and technology, and greater numbers of human forays into the marine environment because of a rise in the popularity of SCUBA diving (Ray 1999).

While the objectives of MPAs are often diverse and may include a number of different goals including the conservation of biodiversity and habitat, protection of rare and/or endangered species, or the control of exploitation rates and maintainingtraditional values (National Research Council 2001; Jones 2002), their efficacy in many aspects of marine conservation has been well documented. In a recent synthesis of over 100 MPAs ranging in size from 0.002-846 km², Halpern (2003) concluded that MPAs were associated with increases in species diversity, biomass, organism size and organism density relative to unprotected areas. These benefits spanned several trophic states from invertebrates to top carnivores, and occurred regardless of reserve size. Also, MPAs can increase the opportunities for non-consumptive use of marine resources such as ecotourism and aesthetic uses (Murray et al. 1999), protect vulnerable species or habitats (Murray et al. 1999; Shipp 2003), export biomass to surrounding waters (Carr and Reed 1992; Murray et al. 1999), and have been shown to increase scientific understanding by providing unexploited areas against which change can be measured (Murray et al. 1999). Based on these benefits, it is not surprising that Hixon et al. (2001) cited marine protected areas as "the most immediate and effective conservation action" concerning the protection of marine ecosystems, and strongly advocated continued use and examination of MPAs.

Several authors have suggested, however, that MPAs are not the answer to all of the challenges facing the marine environment. For example, MPAs often fail to protect highly migratory fishes that may travel beyond their borders (Shipp 2003) and do little to deal with nonpoint source pollution or larger scale environmental degradation such as coral bleaching. Furthermore, increases in population size resulting from reserve protection may not translate into increases in recruitment (Shepherd and Pope 2002) and the socio-political issues concerned with site selection and role of MPAs often makes their implementation problematic and complicated (Jones 2002). Jones (2002) reported that over one-quarter of global MPAs are failing to meet their management objectives, and MPAs cannot defend marine environments from all external sources of ecosystem disturbances (Jameson et al. 2002). Despite these (and other) shortcomings, however, properly managed MPAs can and do play a role in the protection of marine environments (McClanahan 1999; Halpern 2003).

Freshwater protected areas

To date, the use of closed areas designed to shield freshwater biota from natural and anthropogenic disturbances has been quite slow relative to the marine environment (Crivelli 2002; See summary of FPA reviews in Table 2). Cowx (2002), for example, reported that the use of protected areas was the third most popular action used to protect freshwater fish populations after rehabilitation and stock enhancement. Interestingly, many of these closed areas were not originally designed with the intention to specifically protect fish (Crivelli 2002). With the strong emphasis on the use of protected areas in marine environments (i.e. MPAs), it is surprising that a greater number of managers and freshwater scientists have not tried to apply the

recommendations and they also include mo	d conclui re generi	in nave discussed in the papers. Chosen citations focus on multiple recommendations	ore holistic examples although some are more site-specific when
Paper	Year	Focus	Conclusion/Recommendations
Williams	1991	Historical perspective of protected areas for freshwater fishes in western United States	Set species-specific goals for recovery plans, protect areas of high diversity with refuses
Lyle and Maitland	1992	Overview of the use of the nation nature reserve system for fish in the United Kinodom	Nature reserve can improve fish conservation; Focus on acoustition of new reserves for threatened species
Keith	2000	Overview of the use of freshwater protected areas in France	Must inventory species, develop site-specific management plans for each threatened fish species
Crivelli	2002	Causes of fish decline; Effects of reserves; Challenges and	Must compliment reserve creation with catchment-scale management proorgans for ontimum henefits
Cowx	2002	Threats to freshwater fishes; Problem with current conservation practices; Options for future conservation	Conservation efforts should integrate research to identify problem areas; Utilize protected areas to promote stability; Consider multiple-user framework
Saunters et al.	2002	Catchment-scale management; Flow regimes; Non-native species	FPAs should be located in interct catchments with natural flow regimes and without introduced species; Conservation ef forts should be focused on headwaters and riparian zones

same general principles and techniques to freshwater environments, especially when the numerous success stories involving FPAs are also highlighted.

From a direct standpoint, FPAs have played an important role in the rehabilitation and conservation of a number of freshwater species. Freshwater preserves have been used in the conservation of several rare fish species in the western United States beginning primarily in the 1960's (Miller and Pister 1971; Williams 1991; Means and Johnson 1995), but some no-fishing reserves were put in place beginning in the 1940s (Miller 1972). Elson (1940) reported benefits to culturing muskie (Esox *m. masquinongy*) in outdoor, natural sanctuaries free from human disturbances, and FPAs designed to protect nesting black bass ((Micropterus spp.) from angling during the brood guarding stage have proven to both increase angler catch-per-unit effort (Sztramko 1985) and increase population-level reproductive success (Suski et al. 2002). A no-fishing reserve in a Zimbabwe lake proved successful at increasing both the number and size distribution of several freshwater fish families (Sanyanga et al. 1995), and the establishment of no-fishing refuges has played a large part in the rehabilitation of exploited lake trout (Salvelinus namaycush) populations in both Lake Huron (Reid et al. 2001) and Lake Superior (Schram et al. 1995). Kocovsky and Carline (2001) documented that an unexploited walleye (Sander vitreus) population in Pennsylvania exhibited greater population density and greater adult size relative to other exploited populations, while Champeau and Denson (1987) reported that, after opening a Florida lake to public fishing, both the biomass of largemouth bass and angler catch-per-unit effort fell considerably due to angling-induced mortality of fish.

From an indirect standpoint, the presence of an FPA on a waterbody will function to minimize human disturbance in an area, which may benefit freshwater environments at multiple levels. Boat traffic on a lake, for example, has been shown to increase the addition of gasoline-derived chemicals in water (An et al. 2002). In addition, boat traffic can also increase the resuspension of benthic sediments into the water column, which may adversely affect both fish and macrophyte communities in a lake (Anthony and Downing 2003). Furthermore, boat traffic can impact the hearing capability of fish [(i.e., fathead minnow (Pimphales promelas, Scholik and Yan 2002)], and numerous studies have documented the negative impact of boat traffic on the reproductive success aquatic birds (Burger 1998, 2003). Finally, conflict between the users of freshwater resources has been documented (Jones 2003), and will likely continue to escalate as human demands on freshwater resources continues to grow. The presence of FPAs on a waterbody may help ameliorate some of these conflicts by segregating user groups into defined areas. It is important, therefore, that scientists, managers and conservationists continue to design and implement FPAs, and explore their usefulness at protecting freshwater environments at a number of different trophic levels and in innovative and creative situations.

In addition to these documented FPA studies, a number of researchers have strongly suggested developing freshwater refugia to aid in the conservation and protection several different aquatic species. Wei et al. (1997), for example, claimed that the establishment of FPAs may be the only way to protect two species of Acipenseriforms in China. Cambray (2002) provided an overview of the conservation needs of an endangered African anabantid that was focused on the use of freshwater protected areas to protect fish from harvest during the reproductive period. Rahr et al. (1998) and Lichatowich et al. (1999) called for a refuge system to protect dwindling native Pacific Salmon (*Oncorhynchus spp.*), and Williams and

Miller (1990) recommended that conservation strategies be adopted "to protect remaining natural communities that support a relatively intact native fish fauna." Li et al. (1995) called for the identification of areas of high species diversity that can be protected by refuges to lower extinction risks for aquatic fauna in Oregon, while Moyle and Yoshiyama (1994) called for the creation of Aquatic Diversity Management Areas (ADMAs) to protect endangered and threatened aquatic species in California. For non-game fish such as catostomids (suckers), Cooke et al. (2005) recommended the use of FPAs not to reduce harvest, but instead to protect habitats and processes such as natural flow regimes and groundwater inputs (e.g., Power et al. 1999). Indeed, although freshwater protected areas are generally focused on fishes, they can target all forms of aquatic life, and even terrestrial life forms that depend upon aquatic ecosystem services. For example, a freshwater species that is not a fish that would benefit from freshwater protected areas is the giant freshwater lobster, Astacopsis gouldi of northern Tasmania. Based on their life-history characteristics (slow-growing, low reproductive rates) and numerous threats (clearance of riparian vegetation, channelisation, exploitation), the increased use of freshwater protected areas has been suggested as a tool for conserving these animals (Horwitz 1994). A study by Ricciardi et al. (1998) concluded that a "mass extinction of freshwater mussels in the Mississippi River basin" may result from invasions by the zebra mussel (Dreissena polymotpha), and recommended that refuges where D. poly*morpha* populations are low be utilized as sanctuaries to facilitate mussel management. Clearly, the benefits of FPAs have been both documented and acknowledged in multiple scientific studies on different taxa ranging from fish to invertebrates, but, for many different reasons, they have not been utilized to the same degree as MPAs.

Scarcity of FPAs

Research and previous studies have shown that, from a biological perspective, FPAs can and have been a successful management option for imperilled freshwater ecosystems, and can help protect freshwater environments from many of the threats they currently face (eg. Miller and Pister 1971; Cowx 2002). To date, however, the use of FPAs in aquatic conservation strategies has not proliferated to the same degree as MPAs. The reason for the lack of FPA proliferation likely can be attributed to three main issues. First, there are differences in the threats facing freshwater and marine environments, and the effectiveness of protected areas at ameliorating these threats varies greatly; a protected area is not the ideal solution to all of the challenges facing freshwater environments, and other conservation options may need to be employed rather than an FPA. As an example, if a protected area is implemented downstream from a point source of pollution, an FPA will do little to remedy the problem as pollutants will be carried downstream into the protected area. For this reason, several authors have emphasized the importance of a catchment focus in dealing with protection of freshwater environments (including riparian zones) (Sedell et al. 1994; Collares-Pereira and Cowx 2002; Crivelli 2002; Saunders et al. 2002).

A second reason that may explain a lack of FPA proliferation concerns the use of terminology. Currently, terms concerning the use of protected areas have not been standardized across studies potentially resulting in successful examples of protected areas in freshwater remaining undiscovered by other researchers. As discussed

above, there are numerous examples showing how FPAs have been successful at protecting aquatic environments. Many of these studies, however, used different terminologies to name their protected areas (Table 3). In some cases, the same term defining a protected area has been used in disparate ways by different researchers, and some studies do not define the terms that they use to describe protected areas. For these reasons, we advocate the use of Freshwater Protected Areas (or the more general Aquatic Protected Areas) to standardize terms and facilitate the use of electronic searches. The term FPA is similar to the accepted and ubiquitous MPA, and also encompasses many of the general uses of protected areas that are outlined in Table 3.

The final probable explanation for a lack of FPA proliferation concerns the level of complexity in dealing with conservation strategies in freshwater environments. In general, biology is only one component of any successful conservation program; economics, sociocultural issues, political considerations and enforcement components must all be considered and coordinated prior to having a successful management strategy implemented and maintained (Krueger and Decker 1999; Meffe 2002). We believe that a lack of FPAs in freshwater conservation efforts is due in part to the complex and difficult task of assembling all of these components when considering management options for freshwater environments. For example, implementing a conservation program for freshwater environments requires the cooperation of multiple stakeholder groups, often spanning several ecosystems, and potentially involving multiple jurisdictions or countries, and these stakeholder groups must also decide on upkeep, enforcement and assessment programs (Collares-Pereira and Cowx 2004; Filipe et al. 2004). As well, many freshwater environments and their associated catchments are privately owned making it difficult to impose management plans that may not represent the wants/needs of the landowner. This contrasts with the marine environment where much of the area is public thereby removing a conservation impediment allowing MPAs to grow. The lack of FPA proliferation relative to MPAs, therefore, can likely be attributed to several points, all of which all of which should be addressed in future studies and applications.

Challenges & Future Studies

As with any management strategy, developing an FPA for a particular management problem will require scientists and managers to overcome a number of challenges, many of which may vary with geographical location and/or circumstances. The first obstacle is to identify areas or species that are in need of additional protection. Over time, a number of groups have encountered this problem and several papers have been written on this subject allowing researchers to share ideas and approaches (Sedell et al. 1994; Moyle and Yoshiyama 1994; Li et al. 1995; Filipe et al. 2004; Cooke et al. 2005; Higgins et al. 2005). Next, it is important to recognize that, while FPAs are effective at protecting freshwater ecosystems from many stressors, they cannot address all threats to freshwater environments. Similarly, there are lessons that can be learned from MPAs, but this must be done with caution as the system properties are indeed quite different. Once an FPA has been identified as the desired management tool in a particular situation, managers and scientists then need to consider issues such issues as FPA goals, monitoring regime, legislation used for enforcement, connectivity between FPAs and with the marine environment, and

🖄 Springer

nomenclature. Below is a list of terminol	ogy commonly used to describe different protected areas alon	ng with their intended meanings
Terminology	Description	Examples/References
Refuge	Areas managed specifically for one or few species	Williams (1991); Moyle and Yoshiyama (1994)
Sanctuary	Typically focused on a species that is targeted for harvest such as gamefish or waterfowl. Implies no harvest or fishing activity rather than no use. Can	Suski et al. (2002)
Aquatic Diversity Management Area (ADMA)	be voluntary or mandatory Area designed to protect and maintain aquatic diversity. Uses compatible with the ADMA are permitted which may include some fishing	Moyle and Yoshiyama (1994)
Fishing reserve	acuvities and narvest Small areas designed to protect against habitat documentation and to limit eventiations	Crivelli (2002)
Preserve	Biological community is left to function in its natural state and managed to protect natural features	Williams (1991); Moyle and Yoshiyama (1994)
Closed area	Implies no use or passage-cultural or natural resource protection. Some locations are closed to the public but used by specialized groups such as	No examples
Fresh water protected Area (FPA)	Any and of fresh water terrain, together with its overlying water and associated flora, fauna, historical and cultural features, including riparian regions and groundwater, which has been re served by law or other effective means to protect part or all of the enclosed environment	Kelleher and Kenchington (1992)
We advocate the use of freshwater protec general, the lack of consistent terminolog most of the historic terminology is base recreationally valuable species	ted areas (FPAs), or more generally aquatic protected areas (<i>i</i> y makes it difficult to locate literature and is perhaps retarding on traditional fisheries and wildlife management strategies	APAs), which would extend to marine systems as well. In ag the generation of broader interest of FPAs. Note that is focused on a single species or group of economically/

other sociopolitical concerns that may develop from dealing with multiple stakeholders and usergroups. While many of these obstacles appear to be large and daunting, continued research, implementation, and publication of FPA examples will allow the development of a knowledge base of ideas and techniques used to overcome these challenges. Over time, as FPAs are applied to address additional conservation issues, this knowledge base will grow permitting the sharing of ideas and facilitating the implementation of FPAs to conservation programs.

Conclusions

Freshwater ecosystems are currently experiencing an alarming decrease in biodiversity and ecosystem integrity as a result of numerous different stressors. Existing management plans for aquatic ecosystems have largely been ineffective at preventing this decline, and changes to the manner in which freshwater habitats are protected must occur. At the 42nd meeting of the American Fisheries Society in 1912, Henry Ward proclaimed that "It is not so difficult to provide for the setting aside of short streams" to protect freshwater fishes (Ward 1913), and removing the threat of human disturbance through the use of protected areas has proven to be successful in many aspects of conservation in the marine environment. Research investigating the effects of similar protected areas in the freshwater environment are proportionally scarce, but biological evidence suggests that freshwater protected areas have the potential to protect freshwater environments from many deleterious stressors, and positively impact declines in biodiversity. We encourage the proliferation of studies examining the impacts of FPAs on the protection of biodiversity and ecosystem stability despite their inherent challenges, and feel that these areas may be effective at reversing an alarming trend in the destruction of freshwater habitat. The incorporation of FPAs in innovative ways to address conservation issues will increase our knowledge of the capabilities FPAs as a conservation tool, help develop techniques and models on which to deal with many sociopolitical and enforcement issues, and will aid in their implementation in future projects.

References

- An Y-J, Kampbell DH, Sewell GW (2002) Water quality at five marinas in Lake Texoma as related o methyl tert-butyl ether (MTBE). Environ Pollut 118:331–336
- Anthony JL, Downing JA (2003) Physical impacts of wind and boat traffic on Clear Lake Iowa, USA. Lake Reservoir Manage 19:1–14
- Baras E, Lucas MC (2001) Impact of man's modifications of river hydrology on the migration of freshwater fishes: a mechanistic perspective. Ecohydrol Hydrobiol 1:291–304
- Brönmark C, Hansson L-A (2002) Environmental issues n lakes and ponds: current state and perspectives. Environ Conserv 29:290–306
- Bruton MN (1995) Have fishes had their chips? The dilemma of threatened fishes. Environ Biol Fish 43:1–27
- Burger J (2003) Personal watercraft and boats: Coastal conflicts with common terns. Lake Reservoir Manage 19:26–34
- Burger J (1998) Effects of motorboats and personal watercraft on flight behavior over a colony of common terns. The Condor 100:528–534
- Cambray JA (2002) Conservation needs of *Sandelia bainsii*, an endangered African anabantid. In: Collares-Pereira MJ, Cowx IG, Coelho MM (eds) Conservation of freshwater fishes: options for the future. Blackwell Scientific Press, UK, pp 90–97

🖉 Springer

- Carpenter SR, Kitchell JF, Hodgson JR (1985) Cascading trophic interactions and lake productivity. BioScience 35:634–639
- Carr MH, Reed DC (1992) Conceptual issues relevant to marine harvest refuges: examples from temperate reef fishes. Can J Fish Aquat Sci 50: 2019-2028
- Can MH, Neigel JE, Estes JA, Andelman S, Warner RR, Largier JL (2003) Comparing marine and terrestrial ecosystems: implications for the design of coastal marine reserves. Ecol Appl 13:S90-S107
- Champeau TR, Denson KW (1987) Effectiveness of a catch-and-release regulation for largemouth bass in a Florida lake. Proc Annu Conf South Eastern Assoc Fish Wildlife Agencies 41:150–158
- Collares-Pereira MJ, Cowx IG (2004) The role of catchment scale environmental management in freshwater fish conservation. Fish Manage Ecol 11:303–312
- Collares-Pereira MJ, Cowx IG, Coelho MM (2002) Conservation of freshwater fishes: options for the future. Black well Science, London, UK
- Cooke SJ, Bunt CM, Hamilton SJ, Jennings CA, Pearson MP, Cooperman MS, Markle DF (2005) Threats, conservation strategies, and prognosis for suckers (Catostomidae) in North America: insights from regional case studies of a diverse family of non-game fish. Biol Conserv 121:317–331
- Crivelli AJ (2002) The role of protected areas in freshwater fish conservation. In: Collares-Pereira MJ, Cowx IG, Coelho MM (eds) Conservation of Freshwater Fishes: Options for the Future. Blackwell Scientific Press, UK, pp 373–388
- Cowx IG (2002) Analysis of threats to freshwater fish conservation: past and present challenges. In: Collares-Pereira MJ, Cowx IG, Coelho MM (eds) Conservation of freshwater fishes: options for the future. Blackwell Scientific Press, UK, pp 201–220
- Elson PF (1940) Rearing maskinonge in a protected area. Trans Am Fish Soc 70:421-429
- Filipe AF, Marques TA, Seabra S, Taigo P, Ribeiro F, Moreira Da Costa L, Cowx IG, Collares-Pereira MJ (2004) Selection of priority areas for fish conservation in Guadiana River Basin, Iberian Peninsula. Conserv Biol 18:189–200
- Gleick PH (1998) Water in crisis: paths to sustainable water use. Ecol Appl 8:571-579
- Halpern BS (2003) The impact of marine reserves: do reserves work and does reserve size matter? Ecol Appl 13:S117–S137
- Higgins JV, Breyer MT, Khoury ML, Fitzhugh TW (2005) A freshwater classification approach for biodiversity conservation planning. Conserv Biol 19: 432–445
- Hixon MA, Boersma PD, Hunter ML, Jr, Micheli F, Norse EA, Possingham HP, Snelgrove PVR (2001) Oceans at risk: research priorities in marine conservation biology. In: Soulé ME, Orians GH (eds) Conservation biology, research priorities for the next decade. Island Press, Washington D.C., pp 125–154
- Horwitz P (1994) The distribution and conservation status of the Tasmanian giant freshwater lobster *Astacopsis gouldi* Clark (Decapoda: Parastacidae). Biol Conserv 69:199–206
- Jameson SC, Tupper MH, Ridley JM (2002) The three screen doors: Can marine "protected" areas be effective. Mar Pollut Bull 44:1177–1183
- Jones PJS (2002) Marine protected area strategies: issues, divergences and the search for middle ground. Rev Fish Biol Fish 11:197–216
- Jones SA (2003) Managing recreational use on the Yahara Lakes. Lake Reservoir Manage19: 35-44
- Keith P (2000) The part played by protected areas in the conservation of threatened French freshwater fish. Biol Conserv 92:265–273
- Kelleher G, Kenchington R (1992) Guidelines for Establishing Marine Protected Areas. A Marine Conservation and Development Report. IUCN, Gland, Switzerland. vii+ 79 pp
- Kocovsky PM, Carline RF (2001) Dynamics of the unexploited walleye population of Pymatuning Sanctuary, Pennsylvania, 1997–1998. North Am J Fish Manage 21:178–187
- Krueger CC, Decker DJ (1999) The process of fisheries management. In: Kohler CC, Hubert WA (eds) Inland fisheries management in North America. American Fisheries Society, Bethesda MD, pp 31–59
- Li HW, Currens K, Bottom D, Clarke S, Dambacher J, Frissell C, Harris P, Hughes R, McCullough D, McGie A, Moore K, Nawa R, Thiele S (1995) Safe havens: refuges and evolutionary significant units. Am Fish Soc Symp 17:371–380
- Lichatowich JA, Rahr GR, Whidden SM (1999) Sanctuaries for Pacific salmon. In: Knudsen EE, Steward CS, MacDonald DD, Williams JE, Reiser DW (eds) Sustainable fisheries management: Pacific salmon. Lewis, New York, pp 675–686
- Lyle AA, Maitland PS (1992) Conservation of freshwater fish in the British Isles: the status of fish in National Nature Reserves. Aquatic Conservation: Mar Freshw Ecosyst 2: 19–34

- Malmqvist B, Rundle S (2002) Threats to running water ecosystems of the world. Environ Conserv 29:134–153
- McClanahan TR (1999) Is there a future for coral reef parks in poor tropical countries? Coral Reef 18: 321–325
- Means ML, Johnson JE (1995) Movement of threatened Ozark cavefish in Logan Cave National Wildlife Refuge, Arkansas. Southwestern Nat 40:308–313
- Meffe GK (2002) Connecting science to management and policy in freshwater fish conservation. In: Collares-Pereira MJ, Cowx IG, Coelho MM (eds) Conservation of freshwater fishes: options for the future. Blackwell Science, UK, pp 363–372
- Micheli F, Cottingham KL, Bascompte J, Bjørstad ON, Eckert GL, Fischer JM, Keitt TH, Kendall BE, Klug JL, Rusak JA (1999) The dual nature of community variability. Oikos 85:161–169
- Miller RR (1972) Classification of the native trouts of Arizona with the description of a new species, Salmo apache. Copeia 1972:401–422
- Miller RR, Pister RP (1971) Management of the Owens Pupfish, *Cyprinodon radiosus*, in Mono County, California. Trans Am Fish Soc 100: 502–509
- Moyle PB, Yoshiyama RM (1994) Protection of aquatic biodiversity in California: a fivetiered approach. Fisheries 19:6–18
- Murray SN, Ambrose RF, Bohnsack JA, Botsford LW, Carr MH, Davis GE, Dayton PK, Gotshall D., Gunderson DR, Hixon MA, Lubchenco J., Mangel M., MacCall A., McArdle DA, Ogden JC, Roughgarden J, Starr RM, Tenger MJ, Yoklavich MM (1999) No-take reserve networks: sustaining fishery populations and marine ecosystems. Fisheries 24:11–25
- National Research Council (2001) Marine protected areas: tools for sustaining ocean ecosystems. Committee on the Evaluation, Design, and Monitoring of Marine Reserves and Protected Areas in the United States. National Academy Press, Washington
- Paine RT (1966) Food web complexity and species diversity. Am Nat 100:65-75
- Polunin NVC (2001) Marine protected areas, fish and fisheries. In: Hart B and Reynolds JC (eds) Handbook of fish and fisheries, Vol. II. Blackwell, Oxford, UK, pp 293–318
- Post JR, Sullivan M, Cox S, Lester N, Walters CJ, Parkinson EA, Paul AJ, Jackson L, Shuter BJ (2002) Canada's recreational fisheries: the invisible collapse? Fisheries 27:6–17
- Power G, Brown RS, Imhof JG (1999) Groundwater and fish insights from northern North America. Hydrol Process 13:401–422
- Power ME (1990) Effects of fish in river food webs. Science 250:811–814
- Rahr GR, Lichatowich JA, Hubley R, Whidden SM (1998) Sanctuaries for native salmon: a conservation strategy for the twenty-first century. Fisheries 23:6–7, 36
- Ray GC (1999) Coastal-marine protected areas: agonies of choice. Aquat Conserv: Mar Freshw Ecosyst 9:607–614
- Reid DM, Anderson DM, Henderson BA (2001) Restoration of lake trout in Parry Sound, Lake Huron. North Am J Fish Manage 21:156–169
- Ricciardi A, Neves RJ, Rasmussen JB (1998) Impending extinctions of North American freshwater mussels (Unionoida) following the zebra mussel (*Dreissena polymorpha*) invasion. J Anim Ecol 67:613–619
- Ricciardi A, Rasmussen JB (1999) Extinction rates of North American freshwater fauna. Conserv Biol 13:1220–1222
- Richter BD, Braun DP, Mendelson MA, Master LL (1997) Threats to imperilled freshwater fauna. Conserv Biol 11: 1081–1093
- Rochet M-J, Trenkel V (2003) Which community indicators can measure the impact of fishing? A review and proposals. Can J Fish Aquat Sci 60:86–99
- Sanyanga RA, Machena C, Kautsky N (1995) Abundance and distribution of inshore fish in fished and protected areas in Lake Kariba, Zimbabwe. Hydrobiologia 306: 67–78
- Saunders DL, Meeuwig JJ, Vincent ACJ (2002) Freshwater protected areas: strategies for conservation. Conserv Biol 16:30–41
- Scholik AR, Yan HY (2002) Effects of boat engine noise on the auditory sensitivity: of the fathead minnow, *Pimephales promelas*. Environ Biol Fish 63: 203–209
- Schram ST, Selgeby JH, Bronte CR, Swanson BL (1995) Population recovery and natural recruitment of lake trout at Gull Island shoal, Lake Superior, 1962–1992. J Great Lakes Res 21(Suppl 1):225–232
- Sedell JR, Reeves GH, Burnett KM (1994) Development and evaluation of aquatic conservation strategies. J Forest 92:28–31

- Shepherd JG, Pope JG (2002) Dynamic pool models II: short-teem and long-term forecasts of catch and biomass. In: Hart B, Reynolds JC (eds) Handbook of fish and fisheries, Vol. II. Blackwell, Oxford UK, pp 164–188
- Shipp RL (2003) A perspective on marine reserves as a fishery management tool. Fisheries 28:10-21

Shuter BJ, Koonce JF (1977) A dynamic model of the western Lake Erie walleye (*Stizostedion vitreum vitreum*) population. J Fish Res Board Can 34:1972–1982

- Sisk TD, Launer AE, Switky KR, Ehrlich PR (1994) Identifying extinction threats. BioScience 44:592–604
- Soulë ME, Terborgh J (1999) Continental conservation, scientific foundations of regional reserve networks. Island Press, Washington, DC
- Suski CD, Phelan FJS, Kubacki MR, Philipp DP (2002) The use of community-based sanctuaries for protecting smallmouth bass and largemouth bass from angling. In: Philipp DP, Ridgway MS (eds) Black bass 2000: the ecology, conservation, and management of black bass in North America. American Fisheries Society, Bethesda Maryland USA, pp 371–378
- Sztramko LK (1985) Effects of a sanctuary on the smallmouth bass fishery of Long Point Bay, Lake Erie. North Am J Fish Manage 5:223–241
- Ward HB (1913) The preservation of the American fish fauna. Trans Am Fish Soc 42:157-170
- Warren ML, Jr, Burr BM (1994) Status of freshwater fish of the United States: overview of an imperilled fauna. Fisheries 19:6–18
- Wei Q, Ke F, Zhang J, Zhuang P, Luo J, Zhou R, Yang W (1997) Biology, fisheries and conservation of sturgeons and paddlefish in China. Environ Biol Fish 48:241–255
- Williams JE, Johnson JE, Hendricson DA, Contreeras-Balderas S, Williams JD, Navarro-Mendoza M, McAllister DE, Deacon JE (1989). Fishes of North America endangered, threatened, or of special concern:1989. Fisheries 14:2–20
- Williams JE (1991) Preserves and refuges for native western fishes: history and management. In: Minckley WL, Deacon JE (eds) Battle against extinction native fish management in the American west. The University of Arizona Press, USA, pp. 171–189

Williams JE, Miller RR (1990) Conservation status of the North American fish fauna in fresh water. J Fish Biol 37A:79–85